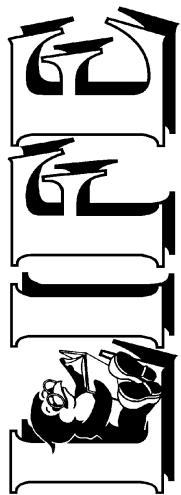




LIFE Office
601 Pemberton Browns Mills Rd.
Pemberton, NJ 08068

Non-Profit Org.
U.S. Postage
PAID
Vincentown, N.J.
Permit No. 29



Second Semester Course Brochure: January 9 thru May 26, 2012
LIFE Yearly Membership (September 1, 2011 – August 31, 2012) Dues Only \$80



*An affiliate of Road Scholar at
Burlington County College*

Learning Is For Everyone

Spring 2012 Course Brochure

**January
February
March
April & May**

WEBSITE:

<http://staff.bcc.edu/LIFE/course.html>

*Serving members
50 years young and older*

You can now register online!
<http://staff.bcc.edu/LIFE/register.html>

ROAD SCHOLAR
Adventures in Lifelong Learning



Courses open to
LIFE
MEMBERS ONLY
Memberships are only \$80
Good September 1, 2011
thru August 31, 2012

BCC LIFE SPRING Course Registration - January 9 - May 26, 2012

FOR OFFICE USE ONLY
I.D. No. _____

Birth Date* _____

Email Address _____

Telephone: Home* _____ Cell _____

*Required Information

COURSE NUMBER	COURSE TITLE	OFFICE USE	START DATE	END DATE	DAY(S)	TIME	LOCATION
LFA-011-01	Membership Code	\$80	6/1/11	8/31/12	-	-	-

If any class chosen is filled
 place my name on the waiting list
 call me to schedule another course

Office Use Only Date received _____

Second Semester: January 9 thru May 26, 2012 - Registration fee is \$80

Check # _____ Money Order # _____ Credit Card (see below)

Credit Card users only (all information must be accurate and complete)

Visa Mastercard Discover American Express Enter card number and sign below.

 Signature

Expiration Date _____ 3-Digit Security Code from back of card _____ Zip Code _____

Mail registration form with check or money order made payable to: **LIFE - Burlington County College**, LIFE Office, 601 Pemberton Browns Mills Rd., Pemberton, NJ 08068-1599. If paying by credit card, complete credit card information above and sign your name.



Burlington County College
LIFE Office
601 Pemberton Browns Mills Rd.
Pemberton, NJ 08068-1599

Telephone:
LIFE Secretary
609-894-9311 or 856-222-9311
Ext. 1499
Email: life@bcc.edu

Day Trips

Go Behind the Stage and See How it is Done – Visit Wegman’s Supermarket

Join members to tour and learn about how a world class supermarket makes it happen. How’s it stocked? Learn when to shop and how to get the best deals and other interesting facts. Join members upstairs after tour at the Wegman Restaurant (optional). Meet at the Mt. Laurel Wegman’s at Centerton Road at 2 pm.

LFB-201-81 – 1 session

March 26

M 11 am – 1 pm

Facilitator: Joel Popler

Stop and Smell the Flowers

Visit Longwood Gardens to enjoy the spring flower display. Hopefully tulips will be in bloom. Choose from among a vast display of gardens, collections and special programs. Eat lunch in the restaurant or cafe. Visit the gift shop. \$32 payment is due AT THE TIME OF REGISTRATION. No refunds after March 20. Bus leaves from the Walmart Parking lot in Lumberton at 8:30 am.

LFB 198 81 – 1 session

April 25

W 8:30 am – 4:30 pm

Facilitator: Lyn Popler

The US Postal Service: How Mail Gets to You

Follow the path of a letter placed into the US Post Office. Learn how the Post Office is operated. Meet at 4000 Irwin Road, Mt. Laurel (off of Briggs Road – across Route 38 from BCC Mt. Laurel Campus) at 1 pm.

LFB 145 81 – 1 session

May 8

T 1 – 3 pm

Facilitator: Joel Popler

Café Gallery in Action (Eat & Learn)

Join members at Café Gallery, 219 High Street, Burlington for lunch of your choice and then take a guided tour of the kitchen. Learn how restaurants prepare and serve meals during this very interesting tour by owner, Jim Fisher. Also, visit the art gallery at the restaurant. (Select one of the two dates for the visit.) Meet at Café Gallery, 219 High Street, Burlington, NJ 08016.

LFB 199 83 – 1 session

April 18

W Noon – 2:30 pm

OR

LFB 199 84 – 1 session

May 4

F Noon – 2:30 pm

Facilitators: Joel Popler & Lyn Popler

American Music Theatre - CATS

Join us for a trip to the fabulous American Music Theatre to see the award-winning musical CATS. This long-running Broadway smash is based on T.S. Elliot’s “Old Possum’s Book of Practical Cats” with award winning music composed by Andrew Lloyd Webber. CATS is a story of the wonder and magic of the one special night of the year when the Jellicle Cats reunite! Its non-stop pace, creative choreography, astonishing costumes, and imaginative set combine for a performance of amazing stage magic and whimsical fantasy. We have Center Orchestra seating. Prior to the show we will enjoy a fantastic buffet meal at Shady Maple. Bring an appetite - the buffet is huge with something to satisfy everyone’s taste. After dining you can briefly visit the gift shop before boarding our coach to travel to the American Music Theatre. \$95.50 payment is due AT THE TIME OF REGISTRATION. No refunds after February 10. Bus leaves from the Walmart Parking lot in Lumberton at 9:30 am.

LFB 298-81 – 1 session

March 10

S 9:30 am – 4:30 pm

Facilitator: Andrea Bauer

A Journey Along Freedom Trail

Start the day with the Heritage tour of the Philadelphia African American Museum, then enjoy lunch on your own at the Café Gallery in Burlington City, NJ. Then it’s on to the Burlington County Historical Society – Children’s History Center located at 457 High Street, Burlington City, NJ. There will be a lecture by V. Still, a descendant of Dr. Still – Black Doctor of the Pines in Burlington. Payment of \$32 is due AT THE TIME OF REGISTRATION. No refunds after February 1. Lunch not included in the price. Bus leaves from the Walmart Parking lot in Lumberton at 9 am.

LFB 113 81 – 1 session

March 1

TH 9 am – 4 pm

Facilitator: Priscilla Anderson

Day Trips continued on next page

LIFE Website:

<http://staff.bcc.edu/LIFE/course.html>

Email: LIFE@bcc.edu

Days are abbreviated as follows:

M – Monday, T – Tuesday, W – Wednesday,

TH – Thursday, F – Friday, S – Saturday,

SU – Sunday

College Closed January 16 and April 6-8, 2012

Day Trips, *continued*

Tundra Swans

Enjoy a presentation featuring the following: migration, nesting, breeding, feeding, bird feathers and a drive to a swan habitat (if available). Payment of \$7.50 must be paid by check or credit card to LIFE by January 14. No refund after January 14. The bus will leave from the Parker Building on the Pemberton Campus at 10 am and drive you out to Whitesbog Village.

LFG 523 80 – 1 session
January 18

W 10 – 11:30 am

OR

LFG 523 81 – 1 session
February 15

W 10 – 11:30 am
Instr: PINES Staff

Pine Barrens Van Tour

This guided tour will feature swamps, pine and oak forests, cedar waters, mudflats and more. Along the way, your feet will stay dry as we explore wet habitats; “Nature in a Bag” kits bring the Pine Barrens to you. Payment of \$7.50 must be paid by check or credit card to LIFE prior to April 8. No refunds after April 8. The bus will leave from the Parker Center on the Pemberton Campus at 10 am and drive you through the Pine Barrens.

LFG 285 80 – 1 Session
April 11

W 10 – 11:30 am
Instr: PINES Staff

Spring Flowering Van Tour

See a beautiful array of flowering plants on this tour of the Pine Barrens in the spring. Learn about the adaptations of these magnificent specimens to the unique conditions and diverse habitats in the Pines. Payment of \$7.50 must be paid by check or credit card to LIFE by May 13. No refund after May 13. The bus will leave from the Parker Center on the Pemberton Campus at 10 am and drive you out to Whitesbog Village.

LFG 538 80 – 1 session
May 16

W 10 – 11:30 am
Instr: PINES Staff

International Dining – Traditional American Dining

Starting in Colonial times, the restaurant/tavern has been a mainstay in American culture. Join us at John & Molly’s for traditional American food. Lunch specials, sandwiches and salads cost around \$10. Meet at John & Molly’s at 1291 Woodland Road (Route 537 and Route 630), Eastampton, NJ at 1 pm.

LFB 208 82 – 1 session
March 27

T 1 pm
Facilitator: Mary Anne Stankinas

International Dining – Greece

Journey along with us to an authentic Greek Restaurant, Kuzina by Soha. The cuisine is inventive but true to its Mediterranean origins. Prices for meals run around \$10. Meet at Kuzina, Sawmill Village, 404 Route 70, West Cherry Hill (1 mile off of 295 by exit 34B).

LFB 208 84 – 1 session
May 22

T 1 pm
Facilitator: Mary Anne Stankinas

Travel Tour: The Incan Empire Trip scheduled for October 1–10, 2012

From the conquistadors’ museums, plazas and monasteries to ancient Incan temples, tombs and fortresses, this journey unveils two civilizations. Marvel at Spanish wealth and the magnificent ruins of Machu Picchu, Lost City of the Incas. Take the world’s highest train to Lake Titicaca, then cross it in the morning light. Included on this tour: experienced tour guide, 4-star conveniently located hotels, round-trip airfare (departure from Philadelphia), transfers to and from overseas airport, portage at hotels, daily buffet breakfasts, three-course dinners (four-course farewell dinner), authentic Peruvian meal and show. For more information contact the group leader, Iris Gaughan at 856-829-8671 or at iggaughan@yahoo.com. Tour cost \$4,299 with additional estimated departure fees of \$392. All meals with exception of one dinner are included.

S.H.I.P.



LOCAL HELP FOR PEOPLE WITH MEDICARE

State Health Insurance Assistance Program

Do you need help with the confusing Medicare System or the Part D Prescription Plan?

Having trouble choosing a supplemental health insurance company?

Let our staff of trained S.H.I.P. volunteers help.

We offer you *CONFIDENTIAL* and *FREE* assistance on all forms.

Please feel free to call (609) 894-9311 or (856) 222-9331 ext. 1494 for information or to make an appointment.



This program is staffed by trained volunteer counselors from Burlington County Retired and Senior Volunteer Program (RSVP).

Email: kbennett@bcc.edu
Website: <http://staff.bcc.edu/rsvp/>

The State Health Insurance Assistance Program (S.H.I.P.) is a statewide program administered by the New Jersey Department of Health and Senior Services, with major funding from the U.S. Health Care Financing Administration.

Pemberton Campus

Water Workout - BAR

Balance, Aerobics and Resistance training will be emphasized along with agility and mobility in the shallow end of the pool. *First time participants must bring a doctor's approval to first class session.*

LFP 100 11 – 23 sessions

January 11 to June 13

W 1 – 2 pm

Pemberton Campus

Physical Education Building Pool Area

Instr: Mary Ann Stankinas & Asst. Andrea Bauer

Water Workout

Come exercise in the shallow end of the college pool. Improve your balance, mobility, flexibility, and muscle tone. *First time participants must bring a doctor's approval to first class session.*

LFP 100 21 – 22 sessions

January 13 to June 15

F 1 – 2 pm

No Class April 6

Pemberton Campus

Physical Education Building Pool Area

Instr: Eleanor Gitto

Basics of Microsoft Office Suite

This course covers the fundamentals of each component of the Microsoft Office Suite. Each student will construct a Word template, an Excel income and expense spreadsheet, and an Access address list. The course will be customized to the interest of the students. Students MUST have access to a computer and some familiarity with it.

LFV 109 21 – 11 sessions

January 23 – April 2

M 10 am – Noon

Pemberton Campus

Instr: Vernon Reeves

Burlington County Library

How to Best Use Your Library

Session 1: Libraries have adapted to our changing world... Have you? Learn how to best use your public library with a one-hour tour of Burlington County Library (Westampton). Look at specific areas like books and non-print (DVDs, books-on-tape, internet access, other electronic options) for a general overview of the library collections. Session 2: How to effectively find accurate information online. Take away the frustration of looking up a topic and not knowing where to begin or how to process this enormous amount of information. A review of how to best use the BCL web site will be demonstrated.

LFH 149 91 – 2 sessions

April 24 and May 1

T 10 – 11 am

Burlington County Library

Instr: Iris Gaughan

NEW!! Interesting Life Experiences – Harry Koons

A member who never looked for employment because it always came to him recalls his experiences as a bicycle delivery boy, a movie usher, military service, operator of a UPS store and more. Join in the fun as he recounts his experiences.

LFI 147 20 – 1 session

March 19

Pemberton Campus

M 1 – 2 pm

Instr: Harry Koons

NEW!! Interesting Life Experiences – Cephas Green

Learn how a member faced northern discrimination of black males and how that discrimination shaped his life. The Civil Rights Movement and his attempts to bring equality to black Americans will be discussed. Listen to stories about the U.S. Army and its attitudes toward blacks serving prior to the Civil Rights movement.

LFI 147 21 – 1 session

March 19

Pemberton Campus

M 2:10 – 3:10 pm

Instr: Cephas Green

Money Management Program



VOLUNTEERS
PROMOTING
INDEPENDENCE

AARP
FOUNDATION

For more
information, call
(609) 894-9311
or **(856) 222-9311**
Extension 1358
email:
brenz@bcc.edu
Website:
**[http://staff.bcc.edu/
rsvp/index.asp?](http://staff.bcc.edu/rsvp/index.asp?pg=11)**
pg=11



DO YOU NEED HELP:

- Setting up budgets?
- Paying bills?
- Sorting mail?
- Reconciling your bank statement?

**Burlington County offers a free,
confidential and secure service.**

***Low income individuals, either elderly or
disabled, may qualify for free assistance.***

*This program is sponsored by the Burlington County Board of Chosen
Freeholders and administered by the New Jersey Division of Aging and
Community Services, and the Retired and Senior Volunteer Program.*

Mt. Laurel Campus

Basic Quilting

Learn to piece and appliqué. You will be able to complete a wall hanging. Please bring a half-yard each of solid and print washed and ironed fabric. Additional supplies will be discussed at first meeting.

LFA 134 31 – 10 sessions
January 21 to March 24 S 10 am – Noon
Mt. Laurel Campus
Instr: Maria & Emilia Coelho

Introduction to Windows 7, Linux 04.11 Operating Systems and iPad Part1

Students who take this course must have a Notebook and/or Netbook or Apple iPad. The Part 1 of the course will show you how to run UBUNTU Linux and Windows 7, dual boot. Vista and XP will be accepted on the same computer. Apple iPad will be discussed if your memory and hard drive are sufficient in size.

LFV 131 31– 12 sessions
January 11 to March 28 W 6 – 8:30 pm
Mt. Laurel Campus Instr: Ken Anderson

Fun & Games

Keep your brain active! Team competition: various questions, puzzles, word play and lots of fun? Give it a try!

LFG 135 31 – 16 sessions
February 7 to May 22 T 12:30 – 1:50 pm
Mt. Laurel Campus Instr: Rotating Instructors

Chess – Improve Your Game

Here's your chance to learn the game of chess in a newly restructured class that will include one hour of electronic tutoring with "Chess Masters" Josh Waitzkin and Grandmaster Larry Christiansen. Topics include beginner instruction of the game, advanced techniques and complex strategies. Use what you've learned and challenge classmates in "duels-of-the-minds" during our second segment of instruction. Class can be designed around your level of play. Enjoy the age old game of chess while taking your play to new heights. Bring your chess board and pieces if you have them.

LFG 178 31 – 19 sessions
January 9 to May 21 M 2 – 4 pm
No class January 16
Mt. Laurel Campus
Co-Instrs: Joel Popler & Ken Honeycutt

NEW!! The Aging Eye

We will discuss the eye as we age, the disorders common in aging and the treatments of these common problems.

LFH 156 31 – 1 session
April 12 TH 12:30 – 1:50 pm
Mt. Laurel Campus Instr: Saul Tischler

Freemasonry

The history, organization, philosophy, teachings, the Lodge and Grand Lodge, symbols, jewels, working tools and their significance for everyday living will be discussed at this class.

LFH 246 31 – 3 session
May 3 to May 17 TH 10:30 am – Noon
Mt. Laurel Campus Instr: Saul Tischler

NEW!! Playing with the Past

Would you like to explore the possibility of past lives? This class will use a variety of techniques such as visualization, sensory clues, group sharing and journaling to uncover our connections to the past. Bring a notebook.

LFI 210 31 – 4 sessions
March 20 to April 10 T 12:30 – 1:50 pm
Mt. Laurel Campus
Instr: Carole Richards and Peggy King

Discussion with a Touch of Psychology

Meet with the Shrink and leave in the pink. Class attendees are requested to bring written topics to be discussed on the first meeting.

LFH 234 31 – 3 sessions
January 17 to January 31 T 12:30 – 1:50 pm
Mt. Laurel Campus Instr: Dr. Elvira DiCola

Religions East & West:

Buddhism, Hinduism, Monotheism

Buddhism & Hinduism (Eastern) originated in India. Judaism, Christianity and Islam (jointly known as "Monotheists", also called Abrahamic or Western Faiths) originated in Jerusalem. As two distinct groups, the Eastern and the Western religions took divergent paths to spirituality. We will discuss the cause of divergence and the consequences.

LFH 222 31 – 10 sessions
January 12 to March 15 TH 12:30 – 1:50 pm
Mt. Laurel Campus Instr: Vijay Kapoor

NEW!! Lu Watters and the West Coast Jazz Revival

After WWII, traditional revival on the West Coast was led by cornet player Lu Watters, assisted by Wally Rose, Turk Murphy, Bob Scobby, Clancy Hayes and Bob Helm. Listen to and discuss great stomping music.

LFH 144 31 – 4 sessions
March 14 to April 4 W 12:30 – 1:50 pm
Mt. Laurel Campus Instr: DeWitt Peterson

Mt. Laurel Campus, *continued*

NEW!! U.S. Health Care: A Right or a Privilege?

A brief review of health care in the U.S. and some comparisons with nationalized health services will be discussed. The advantages and disadvantages of private and government regulated programs will be considered.

LFH 145 31 – 3 sessions
January 17 to January 31 T 12:30 – 1:50 pm
Mt. Laurel Campus Instr: T. Houseknecht

Biking Toward Health and Longevity

This course features a discussion on the positive aspects of biking for your mind, body and overall health.

LFI 170 31 – 1 session
January 24 T 12:30 – 1:50 pm
Mt. Laurel Campus Instr: Dr. John Damiano

NEW!! Understanding Social Security

Social Security is a greatly misunderstood program that, when properly utilized can be an important part of one's retirement plan. After learning about starting ages and benefits, planning for joint maximum benefits, and how divorces affect benefits, you will have a greater understanding and appreciation of Social Security.

LFI 237 31 – 1 session
February 23 TH 12:30 – 1:50 pm
Mt. Laurel Campus Instr: William M. Greenfield

What You MUST Know About Long Term Care

Learn to understand, evaluate and compare competing insurance policies, how to make sense out of the many choices and options, and how to deal with insurance agents. Understand what Medicare and Medicaid will and will not cover, and why nursing homes are becoming a thing of the past. What are the advantages and disadvantages of home health care?

LFH 102 31 – 1 session
March 13 T 10:30 am – 12:45 pm
Mt. Laurel Campus Instr: Charles Klayman

NEW!! Just Say No

Why we say "yes" when we want to say "no." Learn how to identify and hone appropriate situations for setting boundaries, and role play potential encounters.

LFH 153 31 – 1 session
April 5 TH 12:30 – 1:50 pm
Mt. Laurel Campus Instr: Carole Katz

NEW!! Practical Couponing

Known by many as being a "coupon queen," the instructor will show practical ways for anyone who wants to save money on their weekly shopping bills without going to extremes.

LFI 238 31 – 1 session
March 29 TH 12:30 – 1:50 pm
Mt. Laurel Campus Instr: Sondra Marsh

NEW!! 12 Chinese Birth Signs and Diet

Every human body is made of one of the elements, i.e. metal, wood, water, fire and water. The proper diet should be in accordance with the given sign for each.

LFH 155 31 – 2 sessions
January 6 and 13 F 10 – 11 am
Mt. Laurel Campus Instr: Jean Chong

Retirement Income Planning

As you approach or enter retirement, your mindset needs to change from accumulation to distribution. Understand the annual income you'll need during your retirement years to support your lifestyle and learn how to position your assets to provide that income.

LFI 224 31 – 1 session
February 9 TH 12:30 – 1:30 pm
Mt. Laurel Campus Instr: Joseph Johnson

Understanding Investments

Understanding your investments is designed to help you better understand your investments and learn how your money is working for you. Some topics to be covered include stocks, bonds, interest rates, mutual funds, fees, taxes, 401Ks, annuities and wills.

LFI 141 31 – 1 session
March 1 TH 12:30 – 1:30 pm
Mt. Laurel Campus Instr: Joseph Johnson

Basics of Estate Planning

Learn about the basic tasks everyone needs to do in their planning for the unplanned. Estate planning is the process of mapping out how you want your personal and financial matters to be handled during periods of incapacity or at your death. An estate plan should be implemented with the assistance of an experienced estate planning attorney.

LFI 225 31 – 1 session
March 8 TH 12:30 – 1:30 pm
Mt. Laurel Campus Instr: Joseph Johnson

NEW!! Interesting Life Experiences – **Jack Imhof**

Member Jack Imhof was exposed to three religions as he grew up. He also learned the culture of a number of European countries. Learn of his experiences through vignettes of a multi-cultural family society. How was his life shaped by his environment and the military?

LFI 147 30 – 1 session
May 3 TH 1 – 2 pm
Mt. Laurel Campus Instr: Jack Imhof

*Mt. Laurel Campus courses
continued on next page*

Mt. Laurel Campus, *continued*

NEW!! Interesting Life Experiences – Nelly Chinn

Join member Nelly Chinn as she recounts her early days in Casablanca to her retirement in Moorestown. Enjoy interesting slides and stories. Join the fun!

LFI 147 31 – 1 session

May 10

Mt. Laurel Campus

TH 10 am – Noon

Instr: Nelly Chinn

Seven Secrets to Living Longer

Would you like to be living with the vitality you have always dreamed of? Today people are living longer; but, living healthier with quality and dignity takes some extra attention on your part. Let chiropractic care open the door to these secrets.

LFG 280 31 – 1 session

May 10

Mt. Laurel Campus

TH 12:30 – 1:30pm

Instr: Dr. Joseph Denney

NEW!! What Is a Poem - Part II

Build on the basic elements of poetry. This course will focus on discussion and interpretation of some of our favorite poets and their works. Be prepared to bring 10 copies of each of 3 poems that you would like to discuss with the class over the three class meetings.

LFI 236 31 – 3 sessions

March 20 to April 3

Mt. Laurel Campus

T 10 – 11:30 am

Instr: Claudia Gifford

Days are abbreviated as follows:

M – Monday, T – Tuesday, W – Wednesday,

TH – Thursday, F – Friday, S – Saturday,

SU – Sunday

Mt. Laurel Library

Biking Toward Health and Longevity

A discussion on the positive aspects of biking for your mind, body and overall health.

LFI 170 41 – 1 session

February 28

Mt. Laurel Library

T 12:30 – 1:50 pm

Instr: Dr. John Damiano

NEW!! Understanding Social Security

Social Security is a greatly misunderstood program that, when properly utilized, can be an important part of one's retirement plan. After learning about starting ages and benefits, planning for joint maximum benefits, and how divorces affect benefits, you will have a greater understanding and appreciation of Social Security.

LFI 237 41 – 1 session

March 13

Mt. Laurel Library

T 5 – 6:30 pm

Instr: William M. Greenfield

NEW!! A Mutual Fund Primer

We will explore how to make mutual funds work for you at any age by discussing all types of funds from money markets to stocks, bonds, commodities, international, index vs. active, etc.

LFI 219 41 – 4 sessions

April 3 to April 24

Mt. Laurel Library

T 12:30 – 1:50 pm

Instr: Len Carber

What You MUST Know About Long Term Care

Learn to understand, evaluate and compare competing insurance policies, how to make sense out of the many choices and options, and how to deal with insurance agents. Understand what Medicare and Medicaid will and will not cover, and why nursing homes are becoming a thing of the past. What are the advantages and disadvantages of home health care?

LFH 102 41 – 1 session

March 13

Mt. Laurel Library

T 10:30 am – 12:45 pm

Instr: Charles Klayman

Exercise Science and Fitness

Have fun while learning an easy way to keep the body in good physical shape. These exercises will focus on strength and flexibility designated for or designed to strengthen different parts of the body. Course designed to provide knowledge, not to solve health problems. (Not a certified trained physiologist.) Bring your own large towel or mat.

LFP 105 41 – 8 sessions

January 17 to March 6

Mt. Laurel Library

T 10:15 – 11:30 am

Instr: Harriett L. Adderly

Register online at <http://staff.bcc.edu/LIFE/register.html>

Willingboro JFK Senior Center

Frank Sinatra: Why He Matters

The 20th Century American Song Book consists of selections by brilliant and gifted American composers such as the Gershwins, Jerome Kern and many more. Never before has there been such beautiful music. This session surveys Frank Sinatra's key role in the golden age of American music.

LFM 186 51 – 1 session

May 11

F 2 – 4 pm

Willingboro JFK Senior Center Instr: William Campbell

Conversational German

“Wie geht es Ihnen?” – “Danke sehr gut”. This is all you need to know! We focus on German culture, art, history, politics, entertainment and travel. Join us as we have room for you at this location.

LFL 128 51 – 6 sessions

April 17 to May 22

T 1:30 – 3 pm

Willingboro JFK Senior Center

Instr: Georg Erk

Biking Toward Health and Longevity

A discussion on the positive aspects of biking for your mind, body and overall health.

LFI 170 51 – 1 session

March 27

T 12:30 – 1:50 pm

Willingboro JFK Senior Center Instr: Dr. John Damiano

NEW!! Intro to Microsoft Word - Basic

Familiarize yourself with the Word working environment. Create Word documents, open existing documents, and explore various ways of viewing documents for different tasks. Learn to work with tables, clipart and more. You'll also save, preview and print documents. Flash drive needed for home projects.

LFV 132 51 – 4 sessions

February 3 to February 24

F 5:30 – 7:30 pm

Willingboro JFK Senior Center

Instr: Lyn Hutton

LIFE Website: <http://staff.bcc.edu/LIFE/course.html>

Email: LIFE@bcc.edu

Watergate Community Center, Maple Shade

Bridge – Beginner Play

Are you looking for a new mentally stimulating game that can be fun and socially rewarding? Come out and learn to play bridge! Each week there will be a lesson that introduces a new bridge concept, a general review of those previously discussed, followed by playing scripted hands that reinforce these concepts.

LFG 248 61 – 20 sessions

January 10 to May 22

T 3:30 – 5 pm

Watergate Community Center

115 E. Kings Highway, Maple Shade

Instr: Christina Van Leeuwen

Mah Jongg I – Learn/Play

Learn as soon as two sessions; then play and join the fun.

LFG 270 61 – 20 sessions

January 12 to May 24

TH 1 – 3:30 pm

Watergate Community Center

115 E. Kings Highway, Maple Shade

Instr: Rotating Instructors

Bridge – Intermediate Play

Come and meet some new bridge playing friends. This class is for people who have already explored “Beginning Bridge” and for those with previous bridge playing experience. Each week there will be a fifteen-minute lesson that focuses upon a specific aspect of the game followed by 90 minutes of playing hands related to these topics.

LFG 251 61 – 20 sessions

January 10 to May 22

T 1 – 3:30 pm

Watergate Community Center

115 E. Kings Highway, Maple Shade

Instr: Christina Van Leeuwen

Mah Jongg II – Let's Play

Join the fun – Join the “Gang”. Please bring a current Mah Jongg Card, and if you have one, a Mah Jongg Set.

LFG 284 61 – 20 sessions

January 12 to May 24

TH 1 – 3:30 pm

Watergate Community Center

115 E. Kings Highway, Maple Shade

Instr: Rotating Instructors

BCC Mt. Holly Center

NEW!! The World After WWII Part II

There was just too much to cover in one semester – we will now come up to date.

LFM 187 11 – 9 sessions
January 19 to March 15
Mt. Holly Center

TH 10 am – Noon
Instr: Ed Eisen

The Joy of Music

Learn and listen to the grandest music the world has ever known.

LFM 188 11 – 9 sessions
January 19 to March 15
Mt. Holly Center

TH 1 – 3 pm
Instr: Ed Eisen

The Movie Critic

View and discuss the following films about immigrants to America: *Sweetland*, *Mississippi Masala*, *Amreeka*, *Under the Same Moon*, and *My Family*.

LFG 244 11 – 5 sessions
Jan. 20, Feb. 17, Mar. 16,
Apr. 20, May 18
Mt. Holly Center

F 10 am – 12:30 pm
Instr: Douglas Olsen

Mystery Book Club

Discuss the following mysteries: *Acceptable Loss* by Anne Perry, *A Deadly Cliche* by Ellery Adams, *The Mapping of Love* by Jacqueline Winspear, *Crooked Letter, Crooked Letter* by Tom Franklin, and *In a Dark House* by Deborah Crombie.

LFG 216 11 – 5 sessions
Jan. 27, Feb. 24, Mar. 23,
Apr. 27, May 25
Mt. Holly Center

F 11 am – Noon
Instr: Judy Olsen

Can't Live Without Books

Discuss the following books: *The Bird Sisters* by Rebecca Rasmussen, *Emily, Alone* by Stewart O'Nan, *Rainwater* by Sandra Brown, *The Love of My Youth* by Mary Gordon, and *The Weird Sister* by Eleanor Brown.

LFG 274 11 – 5 sessions
Jan. 13, Feb. 10, Mar. 9,
Apr. 13, May 11
Mt. Holly Center

F 11 am – Noon
Instr: Judy Olsen

Genealogy: Methods and Skills

This course presents the following genealogical topics: the Revolutionary War; the Civil War; World War I; Photography; Probate; Best on the web; European research; reading and deciphering old handwriting; online search secrets; obituaries and related documents.

LFG 288 11 – 10 sessions
Jan. 17 & 31, Feb. 7 & 21, Mar. 6 & 20,
Apr. 3 & 17, May 1 & 15
Mt. Holly Center

T 1 – 2 pm
Instr: Judy Olsen

Basics of Estate Planning

Learn about the basic tasks everyone needs to do in planning for the unplanned. Estate planning is the process of mapping out how you want your personal and financial matters to be handled during periods of incapacity or at your death. An estate plan should be implemented with the assistance of an experienced estate planning attorney.

LFI 225 11 – 1 session
April 5
Mt. Holly Center

TH 10 – 11 am
Instr: Joseph Johnson

Retirement Income Planning

As you approach or enter retirement, your mindset needs to change from accumulation to distribution. Understand the annual income you'll need during your retirement years to support your lifestyle and learn how to position your assets to provide that income.

LFI 224 11 – 1 session
March 29
Mt. Holly Center

TH 10 – 11 am
Instr: Joseph Johnson

Understanding Investments

Understanding your investments is designed to help you better understand your investments and learn how your money is working for you. Some topics to be covered include stocks, bonds, interest rates, mutual funds, fees, taxes, 401Ks, annuities and wills.

LFI 141 11 – 1 session
April 17
Mt. Holly Center

T 10 – 11 am
Instr: Joseph Johnson

Photography for Beginners

Learn very basic photography concepts including composition, depth of field and more. Please bring your camera and camera instruction book to class.

LFA 133 11 – 3 sessions
April 24 to May 8
Mt. Holly Center

T 10 – 11 am
Instr: Steve Walter

Days are abbreviated as follows:
M – Monday, T – Tuesday, W – Wednesday,
TH – Thursday, F – Friday, S – Saturday,
SU – Sunday

Register online at <http://staff.bcc.edu/LIFE/register.html>



The Retired and Senior Volunteer Program of Burlington County



RSVP is “one stop shopping” for anyone aged 55 and over who wants to find challenging, rewarding service opportunities in Burlington County.

RSVP offers maximum flexibility and a choice for service opportunities anywhere from a few hours to as often as you would like.

RSVP needs people to fill a variety of volunteer opportunities

Improve Lives - Strengthen Communities - Foster Civic Engagement

Utilize your talents and share your experiences!

Phone: (609) 894-9311 or (856) 222-9311, ext. 1498

Email: kbennett@bcc.edu

Website: <http://staff.bcc.edu/rsvp/>

Burlington County College, Parker Center, Room 211
601 Pemberton Browns Mills Road, Pemberton, NJ 08068

LOOKING FOR MEDICARE SAVINGS?

You could be eligible for a Low Income Subsidy, Medicare Savings Program or other programs that pay your Medicare Part B premium, reduce your Part D co-pays, provide heating assistance, provide a \$100 reimbursement on the purchase of a hearing aid, or other benefits!

Are you 65 years of age, on low income and receive Medicare benefits? Are you below age 65 and receive Medicare disability benefits or have End-Stage Renal Disease?

YOU MAY QUALIFY FOR ONE OR MORE OF THESE PROGRAMS.

Contact the RSVP of Burlington County office at (609) 894-9311 x1051 for more information!

Email: alaroton@bcc.edu

Website: <http://staff.bcc.edu/rsvp/index.asp?page=4>



“This publication has been created or produced by Retired and Senior Volunteer Program (RSVP) of Burlington County with financial assistance, in whole or in part, through a grant from the Administration on Aging and the Centers for Medicare & Medicaid Services. Grantees undertaking projects under government sponsorship are encouraged to express their findings and conclusions. These contents do not necessarily represent the policy of the U.S. Department of Health & Human Services and the grantee should not assume endorsement by the Federal Government.”



About LIFE

Dr. Robert Messina, President of Burlington County College, invited **LIFE** into the BCC family in 1990. LIFE is supported under the Office of Community Enrichment and the Retired and Senior Volunteer Program (RSVP). Our organization is self governing by a volunteer Executive Board, which is elected by the membership. Our current President is Nate Taylor (609-894-9311, ext. 1499). Email LIFE at life@bcc.edu.

Since March 1990, under the sponsorship of Burlington County College and in cooperation with Road Scholar, LIFE offers adults 50 years or older the opportunity to pursue informal educational goals.

Class Cancellation

If a class is canceled by the instructor, students should be notified through a phone chain set up at the first class. The instructor may cancel a class even if the college is open.

If BCC is closed due to inclement weather or other emergencies, no classes will be held on the college campuses and the student will be called by the BCC call system. College closings will be posted to the college website, www.bcc.edu and to the telephone switchboard message for the weather hotline (prompt 8).

Local radio and television stations are also notified.

Make-up sessions for canceled classes will be at the instructor's discretion.

Interested in Teaching?

We are looking to expand our courses and hope to find volunteer facilitators/instructors who will be willing to conduct classes in the evenings, on the weekends, or during the day. If interested, please contact the LIFE office with a class proposal. Life offers assistance in course preparation, lesson planning, and gathering of materials by experienced teachers. Contact the LIFE office (609) 894-9311 or (856) 222-9311 at ext. 1499 for more information.

Interested in Trips?

The Master Catalog of trips sponsored by Road Scholar is available in the LIFE office.

Membership Rights

A **LIFE** membership entitles you to take as many classes a year as you care to and can reasonably handle. You are also invited to a Fall Welcoming Function, the Holiday Party and the Annual Meeting/ Luncheon. Members will also receive The **LIFE** Gazette, our newsletter, and announcements of upcoming events. We are a volunteer organization and request member participation in the operation of this organization, in addition to attending classes. Members may join the mailing squad, be an instructor, help as an office assistant, and/or become a committee member. Give a little of your time in whatever way you can.

Class sizes: Generally the size of a class is determined by the instructor and/or the Fire Commissioner.

When an over-enrollment occurs, students will be placed on a waiting list and will be contacted if an opening occurs.

PLEASE NOTE: At the instructor's discretion, a class may be canceled due to insufficient enrollment.

LIFE Website:

<http://staff.bcc.edu/LIFE/course.html>

Email: LIFE@bcc.edu

Fax: (609) 894-0587

BCC Course Locations

Pemberton Campus
601 Pemberton Browns
Mills Rd.
Pemberton, NJ 08068

Mt. Laurel Campus
500 College Circle
(Located on Route 38
near I-295)
Mt. Laurel, NJ 08054

Mt. Laurel Library
100 Walt Whitman Ave.
Mt. Laurel, NJ 08054

Mt. Holly Center
1 High Street
Mt. Holly, NJ 08060

**Willingboro
Town Center**
300 Willingboro Pky.
Willingboro, NJ 08046

**Willingboro
JF Kennedy Center**
429 JFK Way
Willingboro, NJ 08046

**Burlington County
Library**
5 Pioneer Boulevard
Westampton, NJ 08060